

Recap :- We have already discussed several approximation methods in quantum mechanics — time independent perturbation theory (applications like Stark effect and Zeeman effect). In this lecture we will learn about the variational method.

Suppose you want to calculate the ground state energy E_{gs} for a system described by Hamiltonian H , but you are unable to solve time independent Sch. equation. By the variational principle we will get the upper bound for E_{gs} , which is close to exact value.

10. Pick any normalised wave function ψ .

I claim
$$E_{gs} \leq \langle \psi | H | \psi \rangle = \langle H \rangle$$

i.e.

To prove this let unknown eigenfunction of H form a complete set, we can express ψ as a linear combination of them.

$$\psi = \sum_n c_n \psi_n \quad \text{with} \quad \hat{H} \psi_n = E_n \psi_n$$

Since ψ is normalised.

$$\begin{aligned} 1 &= \langle \psi | \psi \rangle = \left\langle \sum_m c_m \psi_m \middle| \sum_n c_n \psi_n \right\rangle \\ &= \sum_m \sum_n c_m^* c_n \langle \psi_m | \psi_n \rangle \end{aligned}$$

δ_{nm}

$$20 \Rightarrow 1 = \sum_n |c_n|^2$$

$$\begin{aligned} \langle H \rangle &= \left\langle \sum_m c_m \psi_m \middle| H \sum_n c_n \psi_n \right\rangle = \sum_m \sum_n c_m^* E_n c_n \langle \psi_m | \psi_n \rangle \\ &= \sum_n E_n |c_n|^2 \end{aligned}$$

δ_{nm}

But the ground state energy by definition have smallest eigenvalue $E_{gs} \leq E_n$ hence,

$$\langle H \rangle \geq E_{gs} \sum_n |c_n|^2 = E_{gs}$$

proved

There are four steps for variational method :-

Step-I. Based on the physical situation, make an intuitive choice, of trial wave function for ground state, with adjustable parameters $\alpha_1, \alpha_2, \dots$ i.e.

$$|\Psi_0\rangle = |\Psi_0(\alpha_1, \alpha_2, \dots)\rangle$$

Step-II Calculate the approximate energy

$$E_0 = \frac{\langle \Psi_0 | \hat{H} | \Psi_0 \rangle}{\langle \Psi_0 | \Psi_0 \rangle} \rightarrow \text{depends on } \alpha_1, \alpha_2, \dots$$

Step-III Minimize $E_0(\alpha_1, \alpha_2, \dots)$ with respect to $\alpha_1, \alpha_2, \dots$

$$\frac{\partial E_0(\alpha_1, \alpha_2, \dots)}{\partial \alpha_j} = 0 \quad \text{from this you will get the values of } \alpha_1, \alpha_2, \dots \text{ etc.}$$

Step-IV Substitute the value of $\alpha_1, \alpha_2, \dots$ in the step 2.

i.e. the expression for approximate energy. Then you will get upper bound of exact ground state energy.

Problem: All of you already know the ground state energy of 1-dimensional harmonic oscillator $H = -\frac{\hbar^2}{2m} \frac{d^2}{dx^2} + \frac{1}{2} m \omega^2 x^2$.

We already know the exact answer $E_{gs} = \frac{1}{2}\hbar\omega$.

Repeat the problem by variational method.

Solution: Let the trial wave function as gaussian. $\Psi(x) = A e^{-bx^2}$

where A = Normalisation constant and b = parameter

Now, normalisation leads to $\langle \Psi(x) | \Psi(x) \rangle = 1$

$$\Rightarrow |A|^2 \int_{-\infty}^{\infty} e^{-2bx^2} dx = 1$$

$$\Rightarrow |A|^2 \cdot \sqrt{\frac{\pi}{2b}} = 1 \Rightarrow A = \left(\frac{2b}{\pi}\right)^{\frac{1}{4}}$$

Now $\langle H \rangle = \langle T \rangle + \langle V \rangle$

$$\langle T \rangle = -\frac{\hbar^2}{2m} |A|^2 \int_{-\infty}^{\infty} e^{-bx^2} \frac{d^2}{dx^2} (e^{-bx^2}) dx$$

$$= \frac{\hbar^2 b}{2m}$$

$$\langle V \rangle = \langle \Psi | V | \Psi \rangle = \frac{1}{2} m \omega^2 |A|^2 \int_{-\infty}^{\infty} x^2 e^{-2bx^2} dx$$

$$= \frac{m \omega^2}{8b}$$

$$\langle H \rangle = \frac{\hbar^2 b}{2m} + \frac{m\omega^2}{8b}$$

Now

$$\frac{d\langle H \rangle}{db} = \frac{\hbar^2}{2m} - \frac{m\omega^2}{8b^2} = 0$$

$$\Rightarrow b = \frac{m\omega}{\hbar}$$

Put this in $\langle H \rangle$ we get

$$\langle H \rangle_{\min} = \frac{\hbar\omega}{2}$$

Problem: Using Variational Method find out the ground state energy for delta function potential.

10. Solution: $H = -\frac{\hbar^2}{2m} \frac{d^2}{dx^2} - \alpha \delta(x) ; \alpha = \text{constant}$

Let the trial wave function is $\psi(x) = A e^{-bx^2}$.

\downarrow
Constant parameter

$$\langle T \rangle = \langle \psi(x) | -\frac{\hbar^2}{2m} \frac{d^2}{dx^2} | \psi(x) \rangle$$

$$= -\frac{\hbar^2}{2m} |A|^2 \int_{-\infty}^{\infty} e^{-bx^2} \frac{d^2}{dx^2} (e^{-bx^2}) dx$$

$$= \frac{\hbar^2 b}{2m}$$

In the previous problem we get

$$\langle \psi(x) | \psi(x) \rangle = 1$$

$$\Rightarrow A = \left(\frac{2b}{\pi}\right)^{1/4}$$

$$\langle V \rangle = \langle \psi(x) | \hat{V} | \psi(x) \rangle$$

$$= -\alpha |A|^2 \int_{-\infty}^{\infty} e^{-2bx^2} \delta(x) dx$$

$$= -\alpha \sqrt{\frac{2b}{\pi}}$$

$$\langle H \rangle = \langle T \rangle + \langle V \rangle = \frac{\hbar^2 b}{2m} - \alpha \sqrt{\frac{2b}{\pi}}$$

Now, $\frac{d\langle H \rangle}{db} = 0$

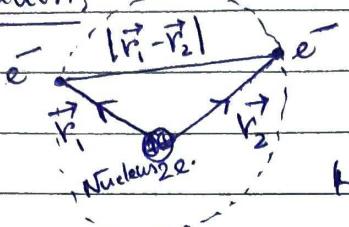
$$\Rightarrow \frac{\hbar^2}{2m} - \frac{\alpha}{\sqrt{2\pi b}} = 0$$

$$\Rightarrow b = \frac{2m^2 \alpha^2}{\hbar^2}$$

we get $\langle H \rangle_{\min} = -\frac{m\alpha^2}{\pi \hbar^2}$

Problem: Estimate the ground state energy for He-atom.

Solution:



The Hamiltonian for the system of

${}^2\text{He}^4$ atom is

$$H = -\frac{\hbar^2}{2m}(\nabla_1^2 + \nabla_2^2) - \frac{e^2}{4\pi\epsilon_0} \left(\frac{2}{r_1} + \frac{2}{r_2} - \frac{1}{|\vec{r}_1 - \vec{r}_2|} \right)$$

our problem is to calculate $E_{gs} = ?$

Experimentally it is found that $E_{gs} = -78.975 \text{ eV}$.

If we ignore the electron-electron repulsion term i.e.

$$V_{ee} = \frac{e^2}{4\pi\epsilon_0} \frac{1}{|\vec{r}_1 - \vec{r}_2|} \text{ then the exact solution is}$$

$$\Psi_0(\vec{r}_1, \vec{r}_2) = \Psi_{100}(\vec{r}_1) \Psi_{100}(\vec{r}_2) = \frac{8}{\pi a^3} e^{-2(r_1+r_2)/a}$$

The energy $E_0 = 8E_1 = 8 \times (-13.6) \text{ eV} = -109 \text{ eV}$ which is very far from -79 eV .

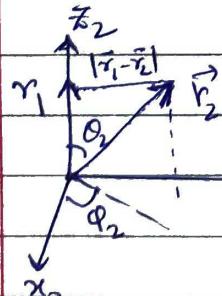
Let $\Psi_0(\vec{r}_1, \vec{r}_2)$ be the trial wave function.

$$H|\Psi_0\rangle = (8E_1 + V_{ee}) |\Psi_0\rangle$$

$$\Rightarrow \langle H \rangle = 8E_1 + \langle V_{ee} \rangle$$

$$\text{where } \langle V_{ee} \rangle = \langle \Psi_0 | V_{ee} | \Psi_0 \rangle$$

$$= \frac{e^2}{4\pi\epsilon_0} \left(\frac{8}{\pi a^3} \right)^2 \int \frac{e^{-4(r_1+r_2)/a}}{|\vec{r}_1 - \vec{r}_2|} d^3 r_1 d^3 r_2$$



$$\text{Now } |\vec{r}_1 - \vec{r}_2| = \sqrt{r_1^2 + r_2^2 - 2r_1 r_2 \cos\theta_2}$$

$$\begin{aligned} I_2 &= \int \frac{e^{-4r_2/a}}{|\vec{r}_1 - \vec{r}_2|} d^3 r_2 \quad \left. \begin{array}{l} \text{Keep } r_1 \text{ fixed} \\ \text{do } r_2 \text{ integral first} \end{array} \right. \\ I_2 &= \int \frac{e^{-4r_2/a}}{\sqrt{r_1^2 + r_2^2 - 2r_1 r_2 \cos\theta_2}} r_2^2 \sin\theta_2 dr_2 d\theta_2 d\phi_2 \end{aligned}$$

\oint_2 integral given 2π

$$\begin{aligned} \text{O}_2 \text{ integral} &\rightarrow \int_0^\pi \frac{\sin \theta_2}{\sqrt{r_1^2 + r_2^2 - 2r_1 r_2 \cos \theta_2}} d\theta_2 = \left[\frac{\sqrt{r_1^2 + r_2^2 - 2r_1 r_2 \cos \theta_2}}{r_1 r_2} \right]_0^\pi \\ &= \frac{1}{r_1 r_2} \left[\sqrt{r_1^2 + r_2^2 + 2r_1 r_2} - \sqrt{r_1^2 + r_2^2 - 2r_1 r_2} \right] \\ &= \frac{1}{r_1 r_2} [r_1 + r_2 - |r_1 - r_2|] \\ &= \begin{cases} \frac{2}{r_1} & \text{for } r_2 < r_1 \\ \frac{2}{r_2} & \text{for } r_2 > r_1 \end{cases} \end{aligned}$$

10 Thus: $I_2 = 4\pi \frac{1}{r_1} \left[\int_0^{r_1} e^{-4r_2/a} r_2^2 dr_2 + \int_{r_1}^\infty e^{-4r_2/a} r_2 dr_2 \right]$

$$= \frac{\pi a^3}{8r_1} \left[1 - \left(1 + \frac{2r_1}{a} \right) e^{-4r_1/a} \right]$$

$$\langle V_{ee} \rangle = \frac{e^2}{4\pi\epsilon_0} \left(\frac{8}{\pi a^3} \right) \int [1 - \left(1 + \frac{2r_1}{a} \right) e^{-4r_1/a}] e^{-4r_1/a} r_1 \sin \theta_1 d\theta_1 d\phi_1$$

15 The angular part $\int \sin \theta_1 d\theta_1 d\phi_1 \rightarrow 4\pi$

$$\text{hence } \int [r_1 e^{-4r_1/a} - (r_1 + \frac{2r_1^2}{a}) e^{-8r_1/a}] dr_1 = \frac{5a^2}{128}$$

$$\text{Now } \langle V_{ee} \rangle = \frac{5}{4a} \left(\frac{e^2}{4\pi\epsilon_0} \right) = -\frac{5}{2} E_1 = -\frac{5}{2} \cdot (-13.6) \text{ eV} = 34 \text{ eV.}$$

20 $\langle H \rangle = -109 \text{ eV} + 34 \text{ eV} = -75 \text{ eV}$, which is close to -79 eV .

Now we can think of more realistic function Ψ_0 .

Each electron is a cloud of negative charge, which partially

25 shields the nuclear charge, so that the other electrons see an effective nuclear charge $Z < 2$. This suggest the trial wave function is

$$\Psi(r_1, r_2) = \frac{Z^3}{\pi a^3} e^{-z(r_1 + r_2)/a}$$

↓ parameter

30 This is eigenstate of unperturbed Hamiltonian.

$$H = -\frac{\hbar^2}{2m}(\nabla_1^2 + \nabla_2^2) - \frac{e^2}{4\pi\epsilon_0} \left(\frac{z}{r_1} + \frac{z}{r_2} \right) + \frac{e^2}{4\pi\epsilon_0} \left(\frac{(z-2)}{r_1} + \frac{(z-2)}{r_2} + \frac{i}{|r_1 - r_2|} \right)$$

$$\langle H \rangle = 2\frac{z^2}{2} E_1 + 2(z-2) \frac{e^2}{4\pi\epsilon_0} \langle \frac{1}{r} \rangle + \langle V_{ee} \rangle$$

5. We have already calculate $\langle V_{ee} \rangle = -\frac{5z}{4} E_1$

Hence $\langle H \rangle = \left(2z^2 - 4z(z-2) - \frac{5z}{4} \right) E_1 = \left(-2z^2 + \frac{27}{4}z \right) E_1$

Now, $\frac{d}{dz} \langle H \rangle = \left[-4z + \frac{27}{4} \right] E_1 = 0$

or, $z = \frac{27}{16} = 1.69$ which is less than 2.

$$\langle H \rangle = \frac{1}{2} \left(\frac{27}{2} \right)^2 E_1 = -77.5 \text{ eV}$$

16.

H.W Find out the best bound state of first excited state of 1-dim harmonic oscillator with the trial wave function $\psi(x) = Ax e^{-bx^2}$.

20.

H.W Using the Gaussian trial wave function obtain the lowest upper bound of the potential $V(x) = \propto |x|$.

25.

\xrightarrow{x}

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